## Development circle Content

Each session lasting a minimum of 3hrs will be held every three weeks.

Location is at the Broadmeadow Holistic Centre SY6 6NQ.

Refreshments & biscuits will be provided.

Week 1 Purpose to teach how to open & close, controlling personal energy in safety comprising

Introduction to Psychic rooms & meadow techniques Opening & Closing personal Energies Establishing a meditative sacred space Introducing the Material. Psychic . Spiritual

Week 2 Awareness & balance of energy meeting Psychic/Spiritual guides

Introduction to Psychic Colours
Learning to sense your Psychic/Spiritual guides & who they are
Meditation through your own energies
Follow guides to points within meadows & interacting points
Aura recognition including shape feel & colours
Guides & Chakras

COURSE .. Full Day .. HEALING WORKSHOP

Week 3 Understanding interactions between sound & Psychic/Spiritual energies

Enhancing & controlling personal energies using music
As above using other sound sources
Talked Meditation through Psychic / Spiritual meditation enhancing personal energy
Learning how to enlighten & prepare senses for Spiritual work

COURSE .. Full Day .. DRAGON IN THE LAND.

COURSE .. Full Day .. WIZARD IN THE STONE.

Week 4 How to externalise personal energy & distance work & meet healing guides

Linking at distance using healing guides & energies Projecting Spiritually to distant locations, using thought & tools Crystals, manipulation & use of shape

Week 5 Interaction with , Nature & Shamanic Guides

Introduction to the Spirit guides of nature Guardians of the sacred places & Deities of the land & tree

Week 6 Instigate the building of a Power Circle / Platform

Forming of a circle of power to use for all forms of Etheric or power works Using Mentors psychic guides & Spiritual Guides Forming absolute power protections upon the psychic Use of Gatekeepers within power platforms Circle Power Meditation using focus & music, world focus point

COURSE .. Full Day .. PARANORMAL & ENTITY COURSE.

Week 7 Purpose to understand interaction between time the Psychic & Spiritual

Introduction to 'Chocolate biscuit theory'
Freezing time and interaction through the Psychic
Talking to your past